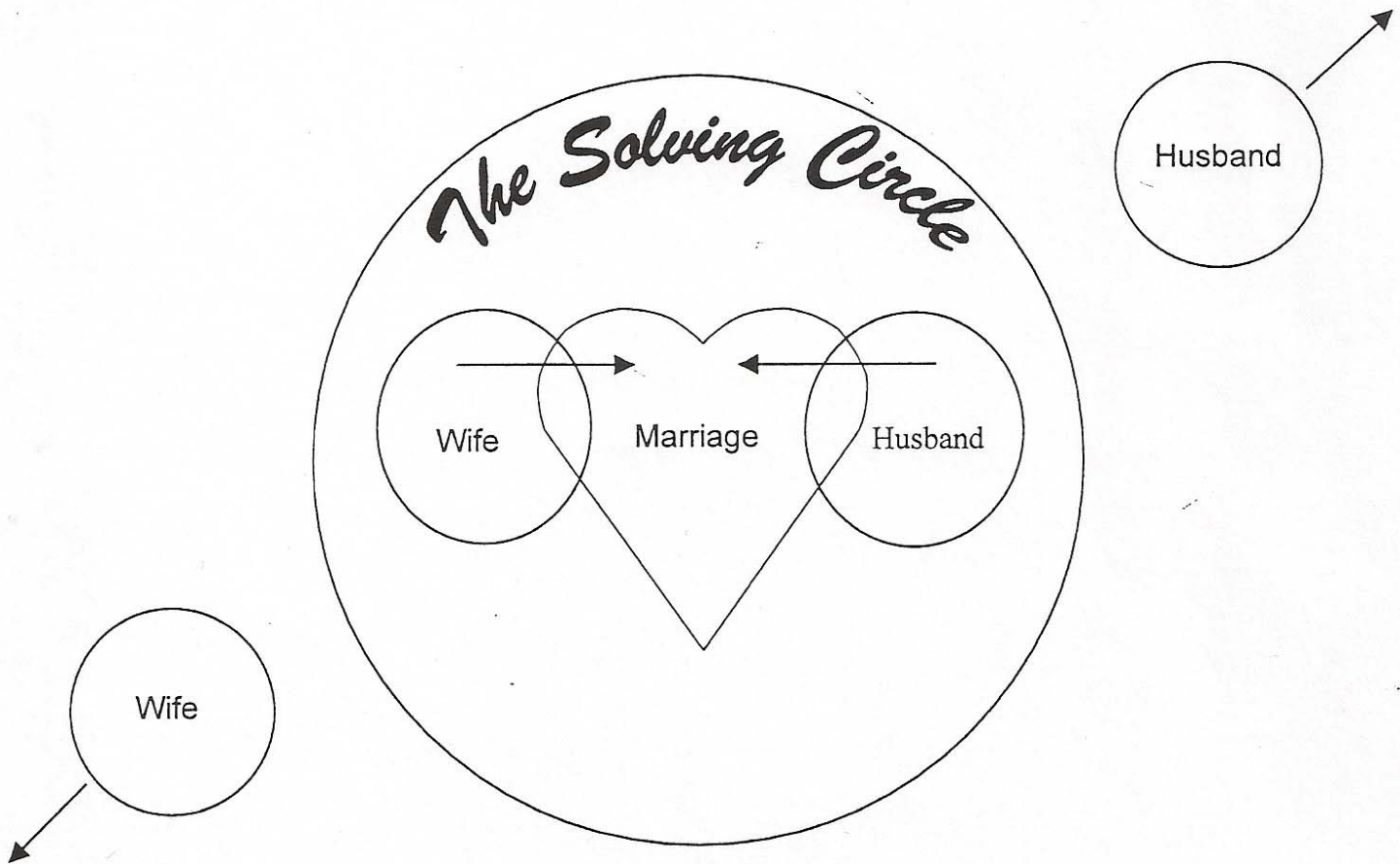


The Solving Circle Technique

Both partners need to answer each of the following questions before going on to the next:

1. Do you want help for your marriage?
2. Whose behavior can you control?
3. What is wrong with your marriage?
4. What is good about your marriage?
5. What would you be willing to do to help your marriage that doesn't depend on what your partner will or will not do?



Discuss a practical application of this technique in a specific situation.